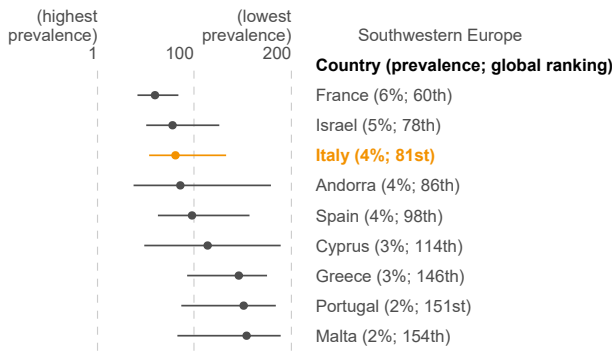


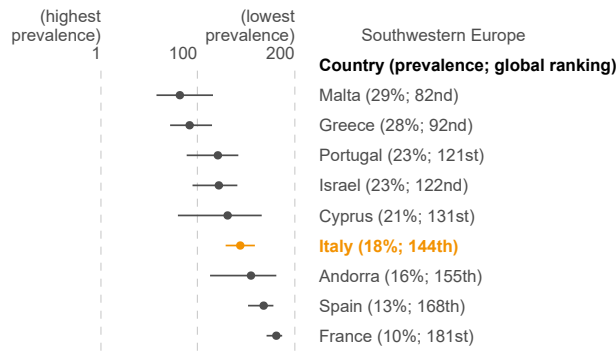
# Underweight and obesity in Italy, 2022

## Underweight in Women



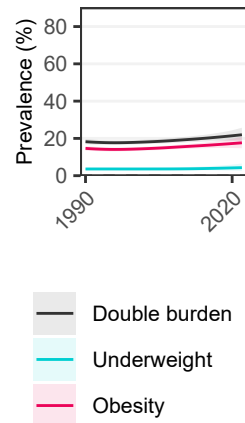
- 740,000 women with underweight.
- 4.3% prevalence, with no detectable change from 1990.

## Obesity in Women

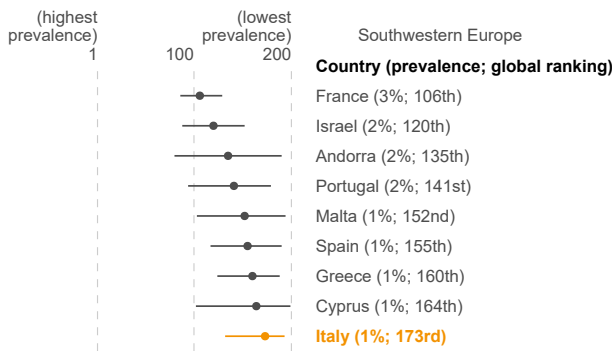


- 6 million women with obesity.
- 17.6% prevalence, an increase of 3.0 percentage points from 1990.

## Women

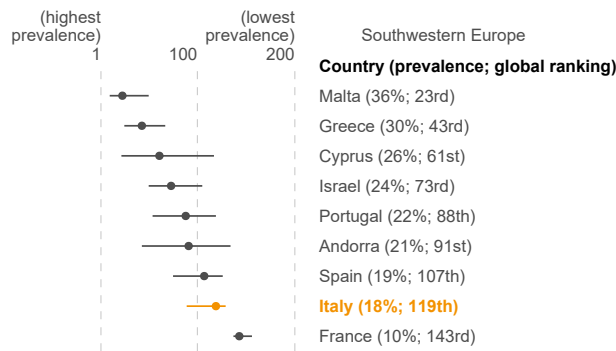


## Underweight in Men



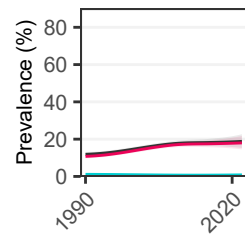
- 150,000 men with underweight.
- 0.8% prevalence, a decrease of 0.3 percentage points from 1990.

## Obesity in Men

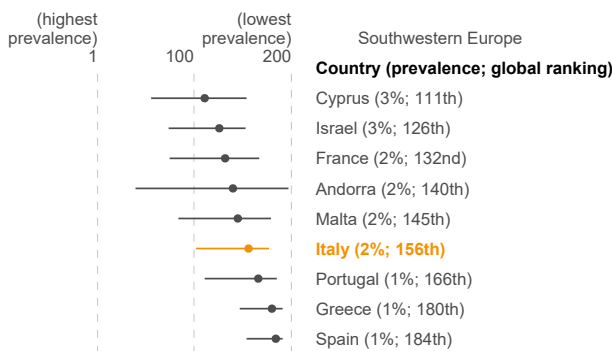


- 4.9 million men with obesity.
- 18.0% prevalence, an increase of 7.2 percentage points from 1990.

## Men

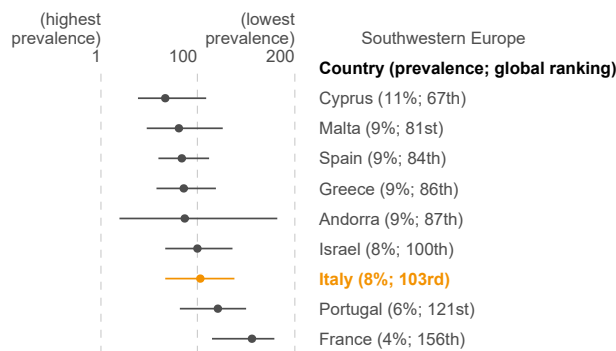


## Thinness in Girls



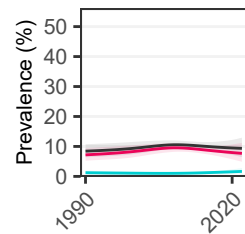
- 67,000 girls with thinness.
- 1.7% prevalence, with no detectable change from 1990.

## Obesity in Girls

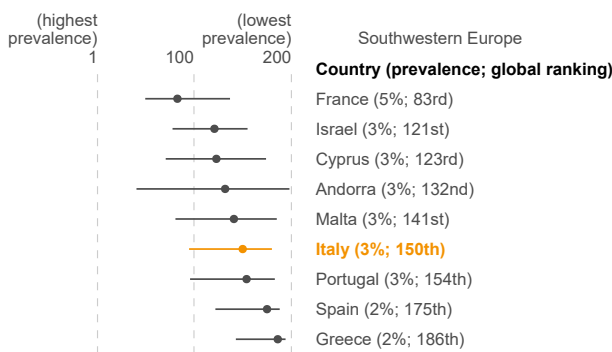


- 300,000 girls with obesity.
- 7.7% prevalence, with no detectable change from 1990.

## Girls

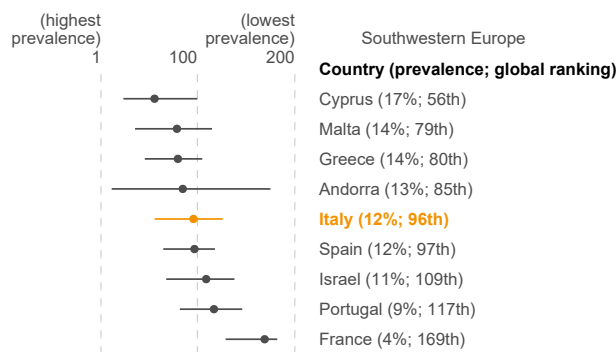


## Thinness in Boys



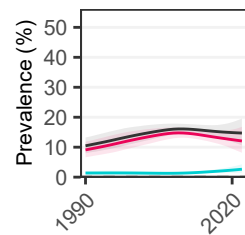
- 110,000 boys with thinness.
- 2.6% prevalence, an increase of 1.3 percentage points from 1990.

## Obesity in Boys



- 500,000 boys with obesity.
- 12.1% prevalence, an increase of 3.0 percentage points from 1990.

## Boys



• Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" *The Lancet*, 2024.

- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- Italy had 56 studies for women, 61 for men, 31 for girls, and 30 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at [www.ncdrisc.org](http://www.ncdrisc.org).